

# **KARUNALAYA**

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## **ANNUAL REPORT FOR THE YEAR 2020 - 2021**

## Secretary's Message

I am happy to share the Annual Report of the Karunalaya for 2020-2021 which provides an overview of the work that we have undertaken in the year. The most important news of the year was the launch of the Baby Milestones & Red Flag Tracker on World Health Day. Already, this innovative program has racked up more 300 community members. More than 100 participants returned to our office to get further information that they needed. We also continue to add to our Entitlement Guides collection. The guides explain the procedures to get government entitlements in a simple, easy to follow way, so that more and more people can get these entitlements. We continue to receive an overwhelming response on these guides. Jacob's Care Center is being involved in interventions for the welfare projects for the betterment of under nourished children, destitute women and operate de-addiction centres for drug addict.

Our work to care and protect our seniors, women, children and other vulnerable. It is also incumbent on us to review the programmes and services offered to our valued elderly citizens, women and children in keeping with our vision for them to live well and independently.

I would like to express my gratitude to the Board whose skilled guidance has helped Amrit come so far. I would also like to acknowledge the hard work put in by the staff as well as the support of countless caregivers, service providers and funders.

As Karunalaya moves towards forward, we look forward to scaling ever-greater heights.

**Secretary**

### **A. Introduction**

- Karunalaya was initiated on 1989. It works in Thiruvarur and Ariyalur District of Tamil Nadu. Our Mission include Enhancing equitable and self-sustainable opportunities in the areas of education, health, livelihood, gender, challenged and environment through community-based organizations to the marginalized sections including disaster affected.

### **B. Objectives**

- To ensure rights of children, women, socially and physically challenged and disaster affected
- To promote sustainable development through education, health, livelihood, disaster relief and rehabilitation, de-addiction and community organization activities
- To promote gender equity and promote socio- economic betterment of women through the development of community-based organizations and federating them in collaboration with Govt and other organizations
- To network with community-based organizations, civil society organizations, local, State and Central Govt and national and international NGOs to achieve the vision and mission of the society
- To carry out advocacy efforts on behalf of children, women and elders

### **C. Senior Citizen's Home for destitute elderly**

Karunalaya operates Government of India, New Delhi. This Old Age Home is functioning at Nagapattinam District. In these areas, we found destitute and abandoned elderly people are living and have no access to old age care and hence we established homes for resurrecting the poor elderly people. Provide due care to the helpless, neglected and abandoned old aged persons in the society. Ensure old age friendly environment towards achieving a promising peaceful condition for elders fostering their physical, mental, social and spiritual protection and wellbeing as well. Safe, secure & homely environment for the elderly, High Quality Nutritional Food, Complete Medical Care and Referral Services through appointed home doctors, Recreational activities, festival and birth day celebrations, yoga and walking exercises, facilities for all readings and television and many more life

enjoying activities are the special provisions for our elders. The annual details of old age homes during 2020-2021 are briefed below.

**Senior Citizen Home at Thirukuvalai of Nagapattinam District**

Beneficiaries	Male – 11, Female - 14
Total	25
Special visit	19/01/2021 P.Reddy- Heritage Foundation visited our home



Our Senior Citizen Home is started in the year to provide a happy home for the several destitute, poor and orphaned elderly people for the past 12 years. Both male and female are residing in separate dormitories. During the year 2020-2021, 25 old age people which include 11 males and 14 females are sheltered. Each of our senior citizen at our Old Age Home are in good health and enjoying old age friendly and peaceful life. Many colorful events, birth days and celebrations were taken place for the happiness of our senior citizen.

#### D. Shelter Home for women in distress



Protecting and rehabilitating women and children between the age of 18 and 40 under difficult circumstances. The shelter home for women in creates awareness in the community for care and protection of women and children who are under difficult circumstances, provides intuitional support and rehabilitate women (18-40 years) under difficult circumstances, provides food, clothing, medical facilities and entertainment to the inmates.

#### Achievements:

Our Swadhar Shelter Home at Thiruvannamalai District has taken care 19 inmates and 9 children who come out of difficult circumstances. 8 inmates were newly admitted and 46 inmates were discharged. At present, 19 inmates are taken care at Home. Out of 16 discharged cases, 14 were restored with spouse, 2 with parents and among them 6 inmates were arranged for employment in private concern. The discharged inmates were given vocational trainings in the trade of tailoring, Basket



making, Embroidering, Paper cover making and embroidery work. All inmates were provided food, clothing, medical facilities and recreation. Medical officers visited the home four times in a month and examined the inmates' health on a regular basis. The project has organized 5 awareness programmes and totally 100 members were participated. The programme focused on women rights, legal provisions, domestic violence act 2005, dowry act, marriage act and functions of various allied systems such as Free Legal Aid, services of All Women Police Station and women helpline.

#### **E. Tuition Centre for Poor students**

Evening tuition centers for the children from the poorest families in the community to enhance their online study during this covid 19 period are arranged in 10 places with the help of local volunteers.

During the year, such coaching was given for more than 200 children in and around Dharmapuri.

#### **F. Rehabilitation Activities for Addicts at Ariyalur District**



Rehabilitation Activities for drug addicts and alcoholics have been carried out to treat 21 drug addict patients. They have been referred to various Integrated Rehabilitation Centers for Addicts in nearby districts. All 21 addicts have been recovered and rehabilitated. There were 92 individual counselling sessions and 60 group counselling and 69 family counselling sessions and these sessions have given the desired effect on the erstwhile addicts, who are all enjoying a healthy working life with happy families.

### **G. Awareness Programme**

Awareness Programmes were organized to impart awareness about the prevention of Covid – 19 in 30 villages. Wearing masks, social distancing and sanitizing were highlighted in the awareness programs. Symptoms of Covid have been elaborated and our volunteers were supported the people who are with symptoms to undergo the covid test.

### **H. Conclusion:**

Karunalaya and its team served dedicatedly for our beneficiaries though the pandemic covid – 19 exists in our working areas and worked directly with the beneficiaries of infants, children, senior citizens, women, families and communities along with pandemic preventive measures. Our services is carried out through active continuous support of Govt. of India, individuals, foundations, corporations who continued to extend support the critical work that Karunalaya does every day to fight poverty and save lives of seniors, women, children and families.

Karunalaya expresses its gratitude to our individual donors for who contributed for the wellbeing of children and elderly people. We assure to all our supporters, well-wishers and volunteers we will continue with more quality added improvements in all our programs during our 39th year of service 2021-2022.

**For KARUNALAYA**

  
**Secretary**